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## Easy peasy tuna fishcakes kids love!



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Recipe by: cheekycookie



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Pready in 25 mins

These are cheap quick and tasty, plus they help give your kids omega three found in oily fish, fibre and vitamins!

## **Ingredients**

Makes: 8 medium cakes

- 2 tins tuna
- 3 large potatoes, diced
- 1 handful sweetcorn
- 1 handful peas
- 1 handful grated cheddar cheese
- 1 egg, to bind

Breadcrumbs (dry or fresh) to coat

- 1 egg, whisked to coat
- 1 level tbsp salt

## **Preparation method**

Prep: 10 mins |Cook: 15 mins

- 1. Boil potatoes, drain and leave to dry out. Cook the peas and sweetcorn.
- 2. In a blender put the potatoes peas and sweetcorn and blend till pureed, empty into bowl.
- 3. Mix in the tuna cheese and salt, form into round burger sized cakes, dip in the egg then breadcrumbs and shallow fry till golden brown.

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