

Coronavirus Incubation Timeline

It can take up to 14 days to develop symptoms after coming into close contact with a case of covid19 - this is called the incubation period.

December 18

Jane was a close contact of someone confirmed with covid-19 (Jane must immediately self isolate for 14 days)

December 20

Jane is bored of self-isolating and feels fine so gets a test which is negative. (This is wrong. She had no symptoms and should not have got a test. She could still be incubating the virus so should self-isolate for 14 days despite the negative test result)

December 25

Thinking she didn't have coronavirus, Jane spent Christmas day with her extended family bubble of 12 people. Her Aunt is having chemotherapy for Breast Cancer and is clinically extremely vulnerable (CEV)

December 27

Jane developed symptoms and tested positive. She was contagious for 48 hours before her symptoms started (known as asymptomatic) and exposed 12 people to coronavirus.

They must all now self-isolate for 14 days.

Jane feels better after a few days, but her Aunt becomes extremely unwell and is taken to hospital where she is placed in the Intensive Care Unit.

If you are a close contact of someone with coronavirus, you MUST complete your full isolation period, even if you feel well

